

# Learn Cool New Moves Online for Free!



Lindy Hop / Balboa / Shag / Spins / Slides / Dips / Tricks

[www.NewMoveOfTheWeek.com](http://www.NewMoveOfTheWeek.com)

Every Sunday, we put a new move online – **video clips** of the move in action & **full explanations** of how to lead and follow the move. All sorts of moves, from **intermediate to competition** level. The goal is to give dancers new vocabulary to experiment with. This is totally free. We've been doing this since 1998 and get thousands of visits a month. Check it out!

[www.DorryAndSommer.com](http://www.DorryAndSommer.com)

Newlyweds Dorry and Sommer live in Baltimore and have performed and taught savvy and smooth (Hollywood) style Lindy Hop all over the US and the world. They have won awards in dozens of regional and national contests including American Lindy Hop Championships, UK Open, Boston Tea Party, North Atlantic Dance Championships, Swing Fling, Easterns Dance Challenge, Monsters of Swing, Virginia State Open, and Swingin' New England.

Our goal is to spread our energy and excitement for the dance. You can't ask for cheaper than free, or more convenient than anytime anywhere with a web connection!